

Rising to

Fame



INITIATIVE OF THE ARTISTICULTA ARTS ORGANIZATION



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GETTING STARTED



Welcome! We hope this guide contains everything you need to navigate our general processes and rules.

WHAT'S INSIDE

- Description of dance styles
- Rising to Fame Gala dinner arrangements
- Rising to Fame Dance Wear
- Rising to Fame Dance rules
- Rising to Fame Judges
- Rising to Fame Teachers Summit and Workshops

MINI PROGRAM

- 28 March Dancers Registration
- 28 March Teachers Summit
- 28 March Workshops & rehearsal for opening scene
- 29 March - 1 April 2026 Opening Ceremony & Rising to Fame Festival
- 1 April 2026 Gala Dinner



DESCRIPTION OF DANCE STYLES



Ballet Dance: is a type of performance dance that originated during the Italian Renaissance in the fifteenth century and later developed into a concert dance form in France and Russia. It has since become a widespread and highly technical form of dance with its own vocabulary. Ballet has been influential globally and has defined the foundational techniques which are used in many other dance genres and cultures.

Jazz Dance: Jazz dance is a performance dance style that originated in the United States in the early 20th century. It blends African American vernacular styles with European movement, characterized by syncopated rhythms, isolations, intricate footwork, and expressive strong body movements. Jazz dancers interpret and execute moves in their own way, incorporating elements from ballet, modern dance, and African dance.

Contemporary: Contemporary dance is a modern form of expressive dance that combines elements from various genres, including modern, jazz, lyrical, and classical ballet. It allows artists to explore movement in innovative and unconventional ways, emphasizing self-expression, storytelling, freedom and emotion.

Hip Hop: Hip hop dance is a range of street dance styles primarily performed to hip hop music or that have evolved as part of hip hop culture. It is influenced by a wide range of styles (waacking, voguing, tatting, urban, jerkin, crumping, rocking ect) that were created in the 1970s and made popular by dance crews in the United States. Hip Hop dance evolve every year.

Hip Hop Commercial Dance: The dance industry responded to hip-hop dance by creating a commercial version of it this urban choreography or studio hip-hop, sometimes called "new style", is the kind of hip-hop dance seen in rap, R&B, and pop music videos and concerts. This style also have a free-style/modern jazz edge to it.

Modern Open: Modern dance is a broad genre of western concert or theatrical dance which includes dance styles such as ballet, folk, ethnic, religious, and social dancing, and primarily arose out of Europe and the United States. It was considered to have been developed as a rejection of, or rebellion against, classical ballet. Due to the diversity of the modern style, there was decided to change this to a modern open section.

African: African dance is a diverse and dynamic art form that reflects the continent's complex cultural heritage. Some popular African dance styles include shaku shaku, indlambu, gwara gwara, gombey, mbira, coming of age dances, Zaouli, miribayasa, and many more. African dance uses the concepts of polyrhythm and total body articulation.

Disco: Disco dance consists of steps and moves performed in time to the beat of disco music, often involving side-stepping, arm movements, large hip and pelvic movements, and twisting hands.

Show/Performance dance: This style is to showcase an item. This is your teater dance and very entertaing with a lot of glam!

DESCRIPTION OF DANCE STYLES



Tap: Tap dance is a style of dance in which a dancer wearing shoes fitted with heel and toe taps sounds out audible beats by rhythmically striking the floor or any other hard surface. There are several styles of tap dance, including rhythm (jazz), classical, Broadway, and post-modern

Lyrical: Lyrical dance is a dance style that combines aspects of modern dance, ballet, jazz dance, and other dance styles. The style combines ballet technique with the freedom and musicality of jazz and contemporary. Fluidity, strong emotions, and physicalizing of song lyrics are distinguishing elements of lyrical dance choreography.

Acrobatics: Acro dance is a style of dance that combines classical dance technique with acrobatic elements. It is defined by its athletic character, its unique choreography, which blends dance and acrobatics, and its use of acrobatics in a dance context. It is a popular dance style in amateur competitive dance as well as in professional dance theatre and in contemporary circus productions.

Break dance: Breaking, often referred to as breakdancing, is a dance style characterized by acrobatic moves like spins and flips, intertwined with intricate footwork and freezes. Breaking has long been the public face of hip hop dance, widely popularized in movies and commercials.

Freestyle: Freestyle dance is a type of dance where the order of moves the dancer makes are neither choreographed nor rehearsed. Dancers do not plan or choreograph their motions beforehand and there is not a rehearsal of the routine. All movements are decided intuitively and in the moment, creating an original dance experience. Freestyle is an inventive, creative dance style that allows the dancer to show their feelings using movements they choose.

Heritage/Cultural Dance: Cultural or heritage dance is unique to its own culture.

Open section: This is a combination of all the dance styles. Open section is also referred to as the “grey area” between sections.

Improvisation: Dance improvisation is the art of spontaneous movement, where dancers create and perform without a predetermined choreography. Its roots can be traced back to modern dance pioneers like Isadora Duncan and Martha Graham, who valued freedom of expression and self-discovery through movement

Student’s Own Choreography: This section is specific for our young talent in studios. If there are dancers that would like to enter an item where they choreographed the dance, then this is the section to enter.

Family Section: This section is for families. Mothers, fathers, sisters, brothers and cousins can enter under this section.

Disability/Special needs Section: Our disability/special needs section is for our participants that would like to perform but has some difficulty of some form of a disability to perform in normal categories.



RTF GALA DINNER

@ **EMPERORS PALACE
SENATE ROOM
1 APRIL 2026
17:30 FOR 18:00**



**Our Gala Evening will be hosted at
Emperors Palace in the Senate Room in
Boksburg, JHB .**

MENU

COLD

Potato salad with gherkin, boiled egg, chives
and mayo
Beetroot, diced onion, flaked feta, walnuts,
orange segment
Spicy three bean chakalaka
Garlic Butter Roll

HOT FROM THE BRAAI (SHISA NYAMA)

Farm Style Boerewors pin-wheels
Chimichurri Beef Short Rib
Cajun marinated Chicken Pieces

HOT SIDES

Mushroom, potato and Halloumi Kebab
brushed with garlic butter
Pap with tomato gravy
Creamy spinach with mushrooms
Cinnamon and butter Baked butternut

SWEET TOOTH STATION

Malva pudding with crème anglaise
Strawberry and chocolate lamington
Chocolate Mousse Tart
Granadilla cheesecake
Seasonal Fruit Kebabs with honey mint drizzle



CASH BAR WILL BE AVAILABLE



TEACHERS SUMMIT AND WORKSHOPS

Teachers Summit

**Ignite your art. Elevate your teaching.
Transform your life!**

The most important people are mostly neglected, our teachers. This year we as an organization would like to spoil you with a teachers summit!

The Rising to Fame teachers summit is a breakthrough, immersive summit designed exclusively for teachers who are ready to move beyond the dance syllabus, unlock their personal power, and build a truly sustainable and impactful career!

This is not just a conference - its a transformation!

What will you gain?

- Inspire your vision
- Educate your craft
- Transform your value



Marinus Bell

Motivational speaker
Educational developer



Denne Henning

Life Coach
Dance Teacher

Dance Workshops

Our dance workshops will be presented by our judges! No better place to learn from the experts themselves! Our workshops will be hosted on the 28 March 2026 at Emperors Palace Marcellus Theatre. **NOTE THAT**

THERE ARE NO EXTRA COSTS FOR PARTICIPANTS! Workshop Program will be released with program





EMPERORS PALACE

THE PALACE OF DREAMS

RULES

1. ENTRIES & DATE (opens on 3 November 2025)

**Date: 28 March - 1 April 2026 @ Emperors Palace
Marcellus Theatre**

Closing date: 27 February 2026

(note that the 27th of March is also booked depending on the amount of entries)

All entries must be completed on our online entry system. Please register your studio at **www.rtf.artisticulta.co.za** and create your own login details by entering your email address and password. From there you can complete your entries. No late entries will be accepted. Entry fees are to be paid into the following account:

Banking details:

A-Arts Organization of SA

FNB

Account Number: 63147725585

Cheque

Ref: Dance - Studio name

Send proof of payment to:

All Provinces: wanya@a-arts.co.za +27 74 240 2027

Please use studio name for reference.





2. Judges for RTF 2025!

**Ferdinand Gernandt
& MC**



Kelsey Middleton



Andre Calitz



3. ENTRY FEES

N/A Teachers	Free entry for teachers to Summit, Workshops and Marcellus Theatre! Teachers will also receive a teachers hamper bag!
R1150	Registration fee per dancer for RTF (this includes your entrance to the Marcellus Theatre and workshops presented by our judges)
R280	Per dancer per item: Solos, Duos & Trios
R220	Quartets / Groups (4-15 dancers), Formations (15+) and Productions per dancer per item
R395	Gala dinner per person (only 350 seats available)
TBC	Spectators fees TBC

ENTRIES OPEN 3 November 2025!

No entry or registration fees are refundable

ENTER HERE: www.rtf.artisticulta.co.za

Having trouble entering? Follow this video explaining the entry process step by step:

https://drive.google.com/file/d/1NQgyimhhk6p_RJzWKCKS8W2XL_JHdIg2/view?usp=sharing



Dance Wear and backpack for RTF

Use the following link to order your RTF Dance Wear:

<https://forms.gle/ZrND9S7pShRy4wTC6>

Teachers receive a RTF T-shirt

(please complete T-shirt size on link)



Backpack R200



Sublimation Softshell boys T-Shirt R270



Sublimation Softshell girls top R270



Sublimation Unisex jackets R810





Opening scene - Gala Dinner!!!

Be part of our opening scene for the Gala Dinner! Rehearsals will be send out with program. Complete this link if you want to be part of RTF 2026 OPENING SCENE!

<https://forms.gle/P9cy1nQtb37WvhW5A>

4. TIME LIMITS

Solos, D/T & Pas de Deux	ALL AGES	1 - 2 & half minutes
Quartets & Groups (4-10 dancers)		2 - 3 minutes
Formations (11-24 dancers)		3 - 4 minutes
Productions (25 dancers and up)		10 - 20 minutes

Please adhere to the above time limits

Please note that items that qualified may change their music, choreography, costume and age group. Only the section, status and style of the item may not change!



5. SCORING SYSTEM

A++	Certificate & medal	94% - 100%
A+	Certificate & medal	87% - 93%
A	Certificate & medal	80% - 86%
B+	Certificate & medal	75% - 79%
B	Certificate & medal	70% - 74%

Prizes to be won includes certificates, medals, trophies, bursaries, sponsorships and money prizes!

Broadway

PERFORMANCE SHOWCASE CHALLENGE

Twenty-five top performers receiving 85% and up from Rising to Fame will be hand-selected for this two-week triple-threat intensive, modeled after the professional theatre rehearsal process - from auditions and studio recordings to choreography, acting rehearsals, and a live theatre production for agents and managers.

This premium experience will be offered at an additional cost - designed as an exclusive opportunity for those ready to elevate their artistry to a professional standard. This experience is only for participants 13yrs and up.

View this video for more info:

<https://drive.google.com/drive/folders/1yci0fRr3P7RVo2Nq2fvVuXTxD-G4xa62>

Please note it is imperative that teachers check spelling of dancers' names and surnames when entering on the system. Certificates and feedback forms will be emailed to all dancers and teachers.

6. APPEARANCE, ADJUDICATION, RESULTS AND QUERIES

Costumes, music and appearance have to be acceptable. No parent/teacher is allowed to have contact with adjudicators while adjudicating. The student will be penalized. No jewellery or nail polish on stage.

7. WITHDRAWALS

Withdrawals must be done either at the beginning of the day, or during the tea, lunch, or supper break. No withdrawals during the dance session. No fees are refundable.

8. VIDEO CAMERAS AND CAMERAS (N/A for online festival)

No video cameras or flashing lights are allowed in the hall. A video will be made of the individual items. A professional photographer will be on duty to take photos. If teachers/dancers would not like their item(s) to be recorded they can email us before hand so that those items will not be recorded.

9. MUSIC AND MOVEMENTS

Items with music that contain harsh or strong language will not be tolerated and performances must be free of vulgar and provocative movements.

A link will be send to all teachers after the final program has been released, where they can "drop" their music.

Teachers must still bring a memory stick with all their music on as a backup for if a problem occurs.



10. AGE GROUPS

Age groups are from the 1st of January of that year

- 5 and under
- 8 and under
- 9 – 10 yrs
- 11 – 12 yrs
- 15 and under
- 16 and over
- Adult (18yrs and over)
- Any Age

Please make sure the dancer is entered under the correct age groups. When entering duos, trios, groups, formations and productions the system will take the age of the youngest dancer in that section. If the age gap is too big please enter under “any age” for the system will not except mixed ages.

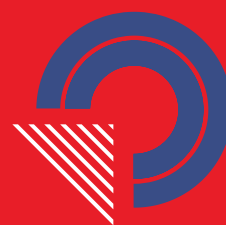
11. DANCE STYLES

Ballet, Jazz, Contemporary, Hip-hop, Modern, African, Disco, Tap, Lyrical, Acrobatics, Break dance, Freestyle, Heritage/Cultural Dance and Open section (combination of the above mentioned dance styles or any dance style that has not been mentioned) are presented.



Teachers please stick to the STYLE at hand when choreographing your items!





12. STATUS

Beginner	1 year dance training
Novice	2 - 3 year dance training
Amateur	Received A in Novice section
Championships	Received A in Amateur section
Professional	Professional dancer that takes part in the festival
Dance Teacher	Teachers may enter in solos, duets, trios, quartets/groups & formations. Status: Amateur or higher

- ❖ Please note that dancers are not allowed to enter twice under the same category
- ❖ Only beginners are allowed to do a STUDIO SET SOLO which is worked out by the teacher
- ❖ How to enter: Hanri Nel - 12 and under, Amateur, Modern Solo

13. SING AND DANCE

A new category has been created. Now vocalists can enter items with back up dancers! These entries can be straight or have a theme/character to them. All sing and dance items will fall under the section type: Sing and dance.

Participants/teachers must use their own discretion when it comes to choosing a status.



14. SECTION TYPES

15.1 Ballet: Solos, D/T, Quartets/Groups & Productions

- Studio Set Solo
- Classical
- National / Folk
- Demi -Character
- Neo-Classical (Primarily classical technique with modern abstract flavour)
- Repertoire with pointe shoes form 14yrs – above / without pointe shoes 13yrs
- Classical Greek
- Spanish (Classical, Flamingo) – Traditional dress and shoes.

15.2 Jazz, Contemporary, Hip-hop, Modern, African, Disco, Tap, Lyrical, Acrobatics, Breakdance, Freestyle, Heritage/Cultural Dance and Open section:

- Studio Set Solo (set solo choreographed by teacher
 - Solo
 - D/T
 - Quartets & Groups (4-15 dancers)
 - Formations (15 and more)
 - Productions
 - Sing and Dance
 - Above can be entered as Character/Show dance



Be ready to perform one hour/45min prior to given / allocated time.

If not performing, no candidates and spectators are allowed backstage. Should a competitor not be able to complete his/her dance, a two-minute recovery time will be given. With character dances no fire, knives, alcohol or smoking will be allowed. The A-Arts organising team will not be held responsible for any property losses or injuries during the festival period.

15. A-ARTS DANCE FESTIVAL 2026!

Make sure to enter for our A-Arts Festivals 2026!! The A-Arts Festivals calendar will follow soon!

Take note some new sections will be added for 2026:

- Modeling show dance (model to music with 6 dance moves in between)
- Cheerleading section!

More info will be released closer to the time!

Contact:

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A-ARTS
ARTISTICULTA ARTS ORGANIZATION OF SOUTH AFRICA